

RULES FOR PRISON

1. A Freedom Army recruit should be a model prisoner.
2. We cheerfully accept jail discipline and its hardships. It's supposed to be rough. It's not supposed to be a picnic.
3. Always act and speak with honesty.
4. Cooperate with prison officials and don't break prison rules unless they are against dignity and self-respect or our principles.
5. We may protest and refuse food served insultingly on uncleanly.
6. Do all tasks allotted to the best of our ability.
7. Do not hesitate to ask for essential spiritual and physical needs, but do not be irritated if we do not get them.
8. Don't take part in improper joking with prison officials.
9. Don't bother trustees and jailors with unnecessary errands and asking of special privileges and favors.
10. Make no distinction between demonstrators and ordinary prisoners.
11. Ask no favors and claim no privileges which ordinary prisoners do not get and which we do not need strictly for reasons of health.
12. Apply the love principle to people in jail with you and do not be selfish.
13. We must do nothing to demoralize our fellow prisoners. Take responsibility for keeping everyone in good spirits. Do not take part in teasing or conversation that might hurt feelings or start a fight.