Non-Violence

A. What is NV (definitions from love everybody to self-defense)(tactical vs philosophical)

1. Theory
   a. safer for participants
      (1) keep violence in general down
      (2) in some situations can protect better
   b. don't get detoured from main object
   c. don't get arrested
   d. win converts
   e. feel good (superior) (occasionally)

B. Why NV

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2. Examples
   a. Caroline in Watts
   b. bus boycotts
   c. whichstand
   d. CORE story (the convert)
   e. \[redacted\]

3. Why NV training session

1. Violence is the fabric of the U.S.
2. Movement brings it out

3. a. Negro community
   b. demonstration
   c. education (so you can understand
   d. cant understand violence in less come in contact with it.
3. get used to keeping cool
4. May need to know how to protect yourself (from surprises as well as danger)
   a. Partial list of things that have happened in So. Calif.
      1. verbal harass
      2. hoses
      3. manure
      4. stepped on
      5. kicked
      6. slugged
      7. dragged by hair
      8. things thrown (eg. rocks, fire crackers, tomatoes, bricks, etc)
      9. choked
      10. stabbed
      11. billy clubbed
      12. rolled down stairs
      13. arrested
      14. deliberately run down by cars
      15. fire
      16. hot tar
      17. white mob hired
      18. shot [redacted]

   b. anyone get any injuries (?)

C. General principles of a NV demonstration

1. The picket (cast is in charge
   a. don't allow demonstrators without telling him
   b. decisions effecting well being of group should, if possible, be voted on

B. Press

G. Sign in if that type of demonstration.
D. No retaliation (verbal or physical)
E. No one goes alone
F. No one takes all the punishment
G. What to wear
   1. comfortable cloths
2. clothes you can afford
3. shorts under skirts for sit-in etc.
4. NO earings
5. no high heeled shoes.

J.

E.
singing

III the picket line
A. Purpose
- to inform
- to intimidate (some times)

B. Organization
* turning
* leafleting
* picket captain

C. spacing
* people passing through
* drive ways & doors
* creeping & vac items

9. singing
C. signs (string vs stick)
D. Verbal harassment.
E. threats (verbal and implicit, like bottle)
F. things being thrown
P. Physical harassment not necessitating NV position

V.

The March
A. purpose
- to inform (mutal city)
- direct pressure
- put pressure on arresting agency

B. Organization
1. floor type
2. mass
3. signs

C. harassment & protection
1. kicking & stepping over
2. slamming in back
3. being pulled out of line
4. being hit

D. arm locking
E. Practice

VI.

Arrests
A. cons (they are not your friends)
B. usual arrest procedure
C. going limp
D. Police mal practice
1. badge numbers
2. NV position

X. Practice for Arrest
1. Sign Release
2. Keep it safe

3. Bring in $ if you can
4. Cigarettes - often packs only (Dr. Barten)
F. - Types of Arrests
1. Late Torrance (wristlock)
2. Lincoln Apt (flabby limp)
3. South Park (walking limp)
4. Early Torrance (rough sit-in limp)
5. Early N-VAC (arm lock)
6. Late N-VAC (rough arm lock)
7. S # (handcuff)

G. Paddy wagon, jail and bail
1. Don't talk
2. Don't answer questions except identifying
3. Make friends with other prisoners
4. Telephone calls
5. Harassments and sticking together
6. Bail bonds
7. Going limp (?)

H. Court and lawyers
I. Practice

VII. Special Weapons
A. Tear gas (types)
   1. Don't rub your eyes
   2. The cloud and the skin
   3. Blindness
   4. Wet handkerchief and too little water

B. Cattle prods
C. Fire hoses
D. Dogs

VIII. Special Actions
A. Fasting
B. Coin-in
C. Cash-in
D. Sin-in

F. Sing-in
G. Testing (3 teams)
H. Stopping vehicles
I. Chain-in
J. Shop-in (A-luckey store, B-cart wheeling, C-single product)

K. Hit and run
L. Phone tap game

IX. Equipment for Session
A. Signs
B. Eggs
C. Water (gallons?)
D. Fire crackers
E. Broken bottle
F. Leaflets
G. First aid kit

X. Discussion of civil disobedience (if time)
March

Route check
Leaf Route
Monitors
Corners & Streets