TRAINING SESSION IN NON VIOLENT TACTICS
(aimed at Northern white liberals)(In Los Angeles Calif.)

I   Non-Violence
   A. Why a non-violent training session
      L. Violence is the fabric of the U.S. and the movement brings it out
          This is a list of some of the things that have happened to
          demonstraters in L.A. County.----water hoses, manure, kicked, slugged
          stepped on, dragged by hair, things thrown (firecrakers, bottles,
          rocks, eggs, tomatoes, bricks, etc.), choked, stabbed, rolled
          down stairs, run down by cars, fire attacks, hot tar, white mobs,
          shot at etc.
      2. this session will try to simulate some of these situations and
          discuss ways of dealing with them. And then practice those methods.
      3. What we hope to accomplich
         a. remove some of the unknown that is let you know what might happen
         b. accustom people to dealing with these situations.
         c. atain greater understanding of violence through experianceing it.
         d. develope certain general response patterns.
         e. learn techniques of non-violent protection
   B what is NV
      1. definitions run from love everybody to self-defense, also discuss the
          tactical versus philosophical split
      2. our operational definition--active passive resistance, and not entering
          into minimum situations in non violence producing ways.
   C. Why non-violence
      1. Generally safer for participants (caroline-watts, bus depot sit-in luverne)
         a. keeps violence in general down
            1 by breaking the pattern of violence thus forcing the attacker
              to respond in a differant way
            2 forces attacker to violate rusle of the "game of violence"
            3. is less threatining (sometimes)
            4. keeps down the numbers involved (usually)
            5. violence begets violence (escalation)
         b. in some situations provids better physical protection, and often
           causes others to assist you who otherwise would net
      2. You don't get detoured from the main object (whichstand)
      3. don't get arrested or convicted as often (VdK sit-in)
      4. Win converts and support (Selma, CORE story "the convert")
      5. feel good (superior, sometimes) (VdK glendale)