

RULES FOR CONDUCT IN SIT DOWN DEMONSTRATIONS

(As directed by the NAACP, on suggestions by Brother Shuttlesworth, and on the advise of Attorney General Kennedy, and sanctioned by the Communist Party)

- 1. TAKE A BATH. Do not be afraid. Five New York doctors have proved that a bath will not hurt you. And it will be an experience for you. Use soap, found at all stores.
- 2. HAVE MONEY & IDENTIFICATION. Cash your relief check, or Social Security check and have the CORE, INC. membership card, or your Eleanor Roosevelt Social Club card, and the Urban league or Miller card with you.
- 3. EMPTY YOUR POCKETS. Leave zip gun, razor, Congo beads, MAU-MAU literature, ivory statue of Hugo Black, guns, knives, brass knucks and parole card at home.
- 4. DRESS NEATLY AND CONVENTIONALLY. Wear yellow or green sharp-pointed shoes, pegged pants, purple or black hat with large feather, long chain, red, orange or pink slacks. White or white & black (intergrated) checkered coats. Girls use extra amounts of perfume and at least two pounds of Royal Crown hair dressing.
- 5. SING LOUDLY THESE SONGS: GLORY, GLORY TO OLE JOHNSON, MY COUNTRY
 TIS OF THEE, PRETTY SOON YOU'LL BELONG TO ME. THE COMMUNIST LOVES ME
 THIS I KNOW, FOR MARTIN LUTHER KING TELLS ME SO, and of course, our
 NATIONAL ANTHEM, the MAU-MAU MARCH.
- 6. AT THE COUNTER. Don't use napkins for blowing nose; they are not there for that purpose. Do not remove shoes at counter. Offer seats to pregnant high school girls in your group. Try not to act as if you were at home. Do not order HOG SNOUT or FRENCH FRIED PIG TAIL.
- 7. IF REFUSED SERVICE OR ASKED TO MOVE. Go into your act of social pity, show your Eleanor Roosevelt Social Club card, flash your Earl Warren button and squeeze out a tear or two. We must arouse the pity of whites for mistreating (Refrain from snickering) Negro citizens.
- 8. IN THE EVENT OF VIOLENCE. Here we is really KING. Remind the white folks you is the sweet, adopted chillun of the Supreme Court, that the U. S. Army is your army, that you is the Tee in Ike's golf, and the rose ** Nixon's nose.
- 9. DON'T BE AFRAID. With the government, Northern Press, the Army, the Communist Party, and the welfare to pay our way, we is running this country.
- 10. TAKE THE FOLLOWING SIT-DOWN OATH: I WILL SIT because we has sit while the world has fed us. We has sit while the country was at war. We has sit while houses and housing projects was built for us. We has sit while taxes was paid. We has sit while schools was built. We has sit while we gets relief checks. We sit and gets free medical care. In fact, we is natural born sitters, we is from a race of natural sitters. We gets all we wants sitting, and is going to keep on sitting until we gets the world. We will sit because the past has proved we gets all we wants sitting anyhow.

REMEMBER, never use such white trash words as FAUBUS, TALMADGE, STATES RIGHTS or BULL CONNOR.