

## CODE OF DISCIPLINE

1. We recognize that suffering is usually endured in the process of social change; therefore we will joyfully accept all suffering upon ourselves, even unto death. We will never retaliate or inflict suffering on another person.
2. We will refrain from violence of the fist, tongue or heart. We will never swear or curse or make insulting or mean remarks to any person.
3. We will always deal fairly with our opponent, no matter what he does. We will speak honestly and to the point.
4. We will always seek to know truth and to do God's will.
5. We will not resist arrest.
6. In the course of the struggle if anyone insults or attacks a policeman or any segregationist, we will protect him from insult or attack even at the risk of our lives.
7. We will willingly obey the orders given by our leaders or spokesmen during demonstrations because we recognize the importance of discipline during battle.
8. We will try to be helpful. We will be on the lookout for anyone who may need our material or spiritual aid.
9. We will observe at all times with both friend and opponent the ordinary rules of courtesy.
10. We will strive to be in good spiritual and bodily health.
11. We will always remember that the movement seeks justice, reconciliation, and brotherhood rather than victory over our opponent.